



## POST TREATMENT CARE

### EuroThreads

#### Post Treatment Instructions for EuroThread's PDO / PLLA Sutures.

Patient Name:

Areas Treated:

Congratulations on your EuroThreads treatment. Enclosed are your post treatment instructions and what can be expected. To ensure optimal treatment results it is important that you read this information carefully and completely. Please sign form below indicating that you have read these instructions in their entirety and that you fully understand that you need to notify our office immediately if you are experiencing any adverse effects, allergic reactions or abnormalities from the treatment(s) performed.

#### Treatment Results

1. It may take a minimum of two plus weeks for treatment results to become noticeable.
2. Minor bruising and swelling is normal and to be expected.
3. Minor pain at the injection site is normal and to be expected. Pain may last up to a week post treatment.
4. Asymmetry and irregularity of tissues treated is common post treatment and usually resolves itself.

#### Due Diligence

1. Avoid exercise for 24 hours after treatment.
2. Avoid excessive chewing and hard foods for 3 days post treatment. Do not drink through a straw.
3. Avoid animated facial expressions for a week post treatment.
4. To avoid additional swelling, sleep with head elevated for 2-3 days post treatment.
5. Avoid massaging treatment area(s) excessively.
6. Avoid washing your face for 12 hours following treatment.
7. Don't not wear makeup or apply facial creams for 48 hours following treatment.

#### Contact Us.

1. If you experience increased redness, swelling or pain at the injection site.
2. If one or more threads begins to extrude.
3. If you have additional questions or concerns regarding your treatment / treatment follow-up.

Patient:

Signature:

Date:

Business Signature:

Date: