

### **B-12/Lipo-B Pre/Post Instructions**

#### **B-12/Lipo-B Pre-Treatment Instructions:**

1. Patient should communicate if they have a history of low potassium, gout, kidney issues or any blood disorders.
2. Should not be used if pregnant or breastfeeding

#### **B-12/Lipo-B What To expect**

1. Increased energy and overall feeling better

#### **B-12/Lipo-B Post Instructions**

1. If there is itching or redness, diarrhea or feeling of swelling call our office.
2. Treatment decrease potassium causing muscle cramps, irregular heart beat or weakness.