

Diamond Glow Pre/Post Instructions

Diamond Glow Pre-Treatment Instructions:

- 1. Wait at least six months post Accutane/isotretinoin use before your Diamond Glow treatment, as isotretinoin use may compromise the skin's protective barrier.
- 2. Discontinue the use of topical products containing AHAs, Retinols, or Vitamin A *three* (3) days prior to your Diamond Glow service.
- 3. If you are prone to herpes simplex outbreaks, such as cold sores, consult your provider on ways to treat prior.
- 4. If your face or treatment area has irritated skin (sunburn, open wounds, sores) the day preceding your appointment, please contact our office before your appointment.
- 5. This procedure may not be performed over open lesions or compromised skin. Please consult your provider prior to your Diamond Glow to address any such issues.

DermalInfusion / Diamond Glow What To Expect:

- 1. Your provider will assess the current needs and condition of your skin to determine the most beneficial SkinMedica serum and settings for your treatment, which may change from session to session.
- You may feel a slight "scratching" sensation during your treatment, along with a light suction. Most patients enjoy this exfoliating, extracting and infusing process, describing it as a "massage"; however, if you are ever uncomfortable, let your provider know and settings can be adjusted.
- 3. Your provider may apply topical serums, moisturizers, or SPF following your service.

DermalInfusion / Diamond Glow Post Instructions:

- 1. Some patients may experience a mild redness immediately following their Diamond Glow service. This is temporary and generally resolves within a few minutes up to several hours.
- 2. You may apply makeup immediately post treatment.
- 3. Avoid use of topical products containing AHAs, Retinols, Vitamin A, for *three (3) days* post treatment
- 4. No exfoliating for one week post treatment, as your skin has just received an exfoliation.
- 5. Your skin may feel slightly more sensitive to your skin care products, as the superficial layer of dead skin has just been removed through exfoliation. This is usually very tolerable and requires no special care. However, if a product feels too sensitive, discontinue use for a few days.
- 6. You could experience a breakout following your Diamond Glow service as the skin is purged from impurities. This will resolve on it's own, and often becomes less apparent with regularly scheduled Diamond Glow treatments.