



### **Picosure Focus Lens Pre/Post Instructions**

#### **Picosure Focus Lens Pre-Treatment Instructions:**

1. Apply SPF30 sunblock to treatment areas that are exposed to the sun. Limit your exposure to the sun, tanning beds or tanning lotions for four weeks prior to treatment. \_\_\_\_\_
2. You will be asked to inform us if there has been any change in medical/tanning history prior to each treatment.
3. Have you have taken Accutane in the past year Y / N or Tetracycline in the past month Y / N Are planning to begin taking either during your treatment regime Y / N \_\_\_\_\_
4. Please shave the area to be treated within 12 hours prior to the treatment. (We can shave and prep you at the regular hourly rate. You must schedule additional time for prep with the front desk.) If treating heavy beard, shave the morning of your appointment.
5. Do Not wax, tweeze or have electrolysis for four weeks prior to treatment. \_\_\_\_\_
6. Do Not use Retin-A or glycolics for three days prior to treatment. \_\_\_\_\_
7. Do Not use hair removal lotions or hair bleach for four weeks prior to treatment. \_\_\_\_\_

#### **Picosure Focus Lens Removal What To expect**

1. Local numbing cream may be used to maximize your comfort during the procedure.
2. A zimmer chiller may be used during the treatment for patient comfort.
3. Patient may feel a warm, scratchy sensation during treatment.

#### **Picosure Focus Lens Post Instructions**

1. Do Not expose the treated area to sun for prolonged periods for two weeks post treatment.
2. Apply SPF30 sunblock on all treated areas that may be exposed to the sun.
3. Patient may feel warmth for a couple hours post treatment, may apply aloe to the affected area.
4. Patient may experience mild redness, or swelling for up 3 – 5 days, may apply cold compress or aloe to the affected area.
5. Gently cleanse with tepid water and mild soap.
6. Do Not use Retin-A or glycolics for five days after peppering has fully resolved.

**If any complications occur, please call our office at 281-895-9090.  
Afterhours please follow the prompts on our voice message.**