

Picosure Tattoo Removal Pre/Post Instructions

Picosure Tattoo Removal Pre-Treatment Instructions:

1. Avoid sun exposure, tanning beds or artificial tanning solutions to treatment area for at least 2 weeks prior to treatment area
2. Avoid use of retinols or products containing acids to treatment area at least 5 days prior

Picosure Tattoo Removal What To expect

1. Local numbing medication may be used to maximize your comfort during the procedure.
2. Your practitioner may also use ice or the Zimmer chiller before, during, or after your treatment.

Picosure Tattoo Removal Post Instructions

1. Keep the treated area clean and dry while it is healing. Gently clean the area with soap and water and then pat dry, do not rub.
2. Apply a thin coating of Vaniply three times a day for the first three days while the area is healing. Keep the area covered with a sterile dressing for those three days.
3. Blistering is common, and will likely occur within 8 hours after your tattoo removal treatment. Do not be alarmed, blisters heal well and are part of the normal healing process. Continue to apply the Vaniply over the blisters once they have popped, and for at least 24 hours after.
4. To help reduce discomfort and inflammation, apply cool compresses as necessary to the treatment site for 24 hours after the tattoo removal. You may take plain Tylenol (acetaminophen) for pain relief, but avoid aspirin as it can increase the risks of bruising and/or bleeding.
5. Do not pick at the scab or allow the skin to become scraped, as this may result in infection and scarring. Shaving should be avoided in the treated area until it is completely healed.
6. Feel free to shower 2 hours after the tattoo removal, but take care to avoid high pressure water hitting the treated area. Baths, hot tubs, swimming pool, or any other form of soaking are not recommended until all blisters and scabs are completely healed, as they may increase the risk of infection.
7. Exercise is generally safe after treatment, taking into account the other after care instructions provided here.
8. Wear a sun block with an SPF of 30 or higher over the area for 3 months following the laser treatment. Do not wear makeup or any cream or medication on or near the treated for 48 hours.
9. Due to the dehydrating effect of laser tattoo removal, itching is very common. Use Vaniply or hydrocortisone cream on the treated area.